



Viewmont Track & Field

2021



Building on Tradition





Overview

- Coaches Intros
- Administrative Items
- Closing Words



Guests

- Principal Smith
- Athletic Trainer



Nicole Lloyd Head Coach

- 5-time State Champion in Shot Put & Discus
- Viewmont School record holder- Shot Put & Discus
- Great Southwest Champion – Hammer
- NCAA All-American – Shot Putter Univ. of Arizona
- Top 10 all-time list- Univ. of Arizona in Shot Put
- Coached world-team shotput thrower
- Coached multiple state champions
- High School Counselor



Kacie Moore

Distance Coach

- Bachelors – P.E. and Coaching
- Head Cross Country Coach 2018 to present
- High school 2-time region track champions
- High school 2-time cross country champions
- Competition Soccer Coach



Trent Hooper

Assistance Distance Meet Director

- High School All American 800M
- Former Utah State Record Holder 800M
- Collegiate Conference Champion
- NCAA Championship Appearances – Track/XC
- 6 years DII NCAA Track/XC Coach
- USA Track & Field Certified Official
- Viewmont Alum



Dana Rast Parker Sprint Coach

- 7-time State Champion – 100M/200M
- 5A Utah Female Athlete of the Year '97 and '98 (track/soccer)
- Multiple state record holder
- Top 5 fastest sprinters all-time at BYU
- BYU Track Team Captain
- Speed, agility, strength coach past 10-years (“Sports Med Camp Speed”)
- Viewmont Alum



Cecilee Day Hurdle and Jumps Coach

- 2-time Montana High School State Champion
- Former Weber State record holder 400M hurdles
- First female in Weber history under 60sec in 400M hurdles
- Multi-time Big Sky Conference Team Champions
- 7-years Group Fitness Instructor – So. Davis Rec. Center



Jeff Day Jumps/Vault (and Everything) Coach

- Top 5 All-time Weber State Pole Vault and Decathlon
- 16'10" Pole Vault PB
- Great Southwest Champion – Pole Vault
- Utah HS State Runner-up
- 6-year HS coach – Flathead High, Kalispell, MT
- High school track, football, and basketball athlete
- Viewmont Alum



Administrative Items

- Eligibility – Nicole
- Practices – Danna
- Meets – Trent
- Fundraiser – Trent
- Paperwork – Kacie
- Fees – Kacie
- Gear – Kacie/Nicole



Adidas branded team gear - available soon...



Final Words
